

# Certificate course in Culinary arts

## ‘ Cook & Bake’

Culinary Arts is nothing but the art of cooking. A culinary arts course trains aspirants to prepare, cook as well as present food in an effective and attractive manner. In order to make a career in the field of Culinary arts, candidates need to possess a love for food along with a service minded approach.

### Programme Design

Course Code: CCB

Coordinator : Jisha P J

Duration : 3 months

Hours : 30

### Course objectives:

Upon successful completion of the course, the student will be able to:

- Employ safe food handling practices using contemporary guidelines.
- Identify and explain baking terms, ingredients, equipment and tools.
- Scale and measure ingredients.
- Prepare yeast dough, quick breads, pies, cookies, cakes, and icing.
- Purpose of the Course

## Content of the course:

### **Module 1-Introduction To Kitchen Organization & Layout      2 hours**

Handling kitchen equipment, handling kitchen utensils and knives, kitchen care & maintenance, kitchen grooming, hygiene & uniform, do's and don'ts while working in the kitchen, personal behavior & hygiene.

### **Module 2-Basic Principles Of Food Production      2 hours**

Chopping vegetables; dry heat cooking methods - baking, grilling, steaming, roasting; moist heat cooking methods - stewing, boiling, frying, barbequing.

### **Module 3- Fundamentals of baking      4 hours**

Baking terminology, tool and equipment use, formula conversions, functions of ingredients, and the use of proper flours.


### **Module 4- Practical      22 hours**

Basic bread, bread rolls, bun, biscuits and cookies, icing –basic cream icing, butter icing,royal icing,sponge cake, rich cake,Fruit cake,cup cake,Cheese cake,black forest,and pastries.

### References:

1. How to Bake by Paul Hollywood.
2. Baking Basics by Lora Brody.
3. The Baking Bible by Rose Levy Beranbaum.

By the end of the course competitions are conducted in the name of “food festival” in the college in the month of December.

  
women cell coordinator.

## Minutes of the women cell meeting held on 20/6/17

### Agenda:

1. Review of last meeting.
2. Selection of committee members.
3. Annual plan of women cell 17-18.
4. Certificate course in women's & syllabus approval

### Members present.

1. Tisha P. S
2. Kamalam B. dathil Kemler
3. Shiji Thomas SL
4. Abidhe. K. P. ABU
5. Tamsheela O T
6. Ashitha K. Sany Ashitha
7. Leherana Leherana
8. Dhanya. Dhanya
9. Schlar Schlar

### Decisions taken.

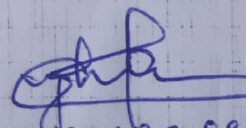
1. As decided by the committee a motivation program was organized on 23/11/16 on mind and success by Imbichibava K
2. Prof. Tamsheela O of CS department

3. It was decided to continue with the same executive members as it was for the previous year.
4. Women's day celebration on March 8<sup>th</sup>.
5. The women cell decided to launch a certificate course in cookery with specialization in Baking.
6. The syllabus for certificate course in culinary arts - cook & bake was approved by the committee.
7. It ~~is~~ decided to give the course for the first year students every year and duration will be for 3 months.

# Admissions register for certificate course in culinary arts

## Cook & Bake (17-18)

Sl.No.	Admission No.	Name
1	CCB17001	Najah P V C
2	CCB17002	Jalwa Nargees
3	CCB17003	Fidha Bensi
4	CCB17004	Jasmina
5	CCB17005	Shabeera
6	CCB17006	Shana Nasrin
7	CCB17007	Haritha
8	CCB17008	Nishni
9	CCB17009	Hasnath
10	CCB17010	Jiji
11	CCB17011	Shyama
12	CCB17012	naina
13	CCB17013	Thasleema
14	CCB17014	Anjitha
15	CCB17015	Jahana Sherin
16	CCB17016	Husna
17	CCB17017	Khadeeja Sherin
18	CCB17018	Fathima Sulfana
19	CCB17019	Aysha
20	CCB17020	Reema
21	CCB17021	Rushda
22	CCB17022	Sana
23	CCB17023	Ishana
24	CCB17024	Mufeeda
25	CCB17025	Sahadiya
26	CCB17026	Minu Murshida
27	CCB17027	Anzila
28	CCB17028	Imra Nazar
29	CCB17029	Basila
30	CCB17030	Jabin
31	CCB17031	Faya
32	CCB17032	Muhsina
33	CCB17033	Fathima Minha
34	CCB17034	Majidha Farsana
35	CCB17035	Hamida Sherin
36	CCB17036	Nishana remi
37	CCB17037	Anirudha
38	CCB17038	Safa
39	CCB17039	Anshida
40	CCB17040	Safida

  
Women cell coordinator



**EMEA COLLEGE OF  
ARTS & SCIENCE**  
KONDOTTI, MALAPPURAM  
Aided by Govt. of Kerala | Affiliated to the University of Calicut  
Reaccredited with A grade by NAAC



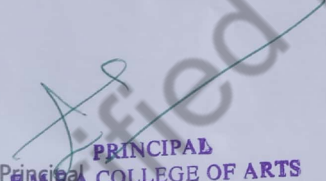
**Women cell**  
EMEA

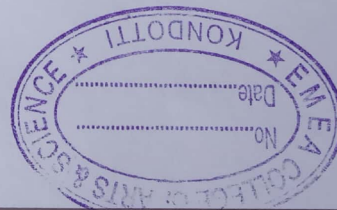
# Certificate

## Cook & Bake

Mrs/Ms Najah P. V. C has successfully completed the certificate course  
in culinary arts "Cook & Bake" offered by Women Cell of EMEA College of Arts and Science, Kondotti.

Issue Date: 6.12.17

  
PRINCIPAL  
EMEA COLLEGE OF ARTS  
& SCIENCE, KONDOTTY  
MALAPPURAM DT. 673 638



Course  
Coordinator



# Attendance for certificate course in culinary arts-Cook & Bake (17-18)

Admission No.	Sl.No.	Name	23/9/17	20/9/17	7/10/17	21/10/17	28/10/17	4/11/17	18/11/17	25/11/17
CCB17001	1	Najah P V C	X	X	a	X	X	X	X	X
CCB17002	2	Jalwa Nargees	X	X	X	X	X	X	X	X
CCB17003	3	Fidha Bensi	X	X	X	X	X	X	X	X
CCB17004	4	Jasmina	X	X	X	X	X	X	X	X
CCB17005	5	Shabeera	X	X	X	X	X	X	X	X
CCB17006	6	Shana Nasrin	X	X	X	X	X	X	X	X
CCB17007	7	Haritha	X	X	X	X	X	X	X	X
CCB17008	8	Nishni	X	X	X	X	X	X	X	X
CCB17009	9	Hasnath	X	X	X	X	a	X	X	X
CCB17010	10	Jiji	X	X	X	X	X	X	X	X
CCB17011	11	Shyama	X	X	X	X	X	X	X	X
CCB17012	12	naina	X	X	X	X	X	X	X	X
CCB17013	13	Thasleema	X	X	X	X	X	X	X	X
CCB17014	14	Anjitha	X	X	X	X	X	X	X	X
CCB17015	15	Jahana Sherin	X	X	X	X	X	X	X	X
CCB17016	16	Husna	X	X	X	X	X	X	X	X
CCB17017	17	Khadeeja Sherin	X	X	X	X	X	X	X	X
CCB17018	18	Fathima Sulfana	X	X	X	X	X	X	X	X
CCB17019	19	Aysha	X	X	X	X	X	X	X	X
CCB17020	20	Reema	X	a	X	X	X	X	X	X
CCB17021	21	Rushda	X	X	X	X	X	X	X	X
CCB17022	22	Sana	X	X	X	X	X	X	X	X
CCB17023	23	Ishana	X	X	X	X	X	X	X	X
CCB17024	24	Mufeeda	X	X	X	X	X	X	X	X
CCB17025	25	Sahadiya	X	X	X	X	X	X	X	X
CCB17026	26	Minu Murshida	X	X	X	X	X	X	X	X
CCB17027	27	Anzila	X	X	X	X	X	X	X	X
CCB17028	28	Imra Nazar	X	X	X	X	X	X	X	X
CCB17029	29	Basila	X	X	X	X	X	X	X	X
CCB17030	30	Jabin	X	X	X	X	X	X	X	X
CCB17031	31	Faya	X	X	X	X	X	X	X	X
CCB17032	32	Muhsina	X	X	X	X	X	a	X	X
CCB17033	33	Fathima Minha	X	X	X	X	X	X	X	X
CCB17034	34	Majidha Farsana	X	X	X	X	X	X	X	X
CCB17035	35	Hamida Sherin	X	X	X	X	X	X	X	X
CCB17036	36	Nishana remi	X	X	X	X	X	X	X	X
CCB17037	37	Anirudha	X	X	X	X	X	X	X	X
CCB17038	38	Safa	X	X	X	X	X	X	X	X
CCB17039	39	Anshida	X	X	X	X	X	X	X	X
CCB17040	40	Safida	X	X	X	X	X	X	X	X

Principal

Principal  
**EMEA COLLEGE OF ARTS AND SCIENCE**  
 KUMMINIPARAMBA - PO, KONDOTTY  
 MALAPPURAM Dt. - 673638

Asha P.J

