

## CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

### Objectives

- To make students aware of the problems of bedridden patients and people in old age
- To make students able to act as agents of palliative and geriatric care

Total: 60 Hours

Contact Classes: 30 Hours

Field work: 30 Hours

### Unit I

Introduction to health - Concept of Health and disease - Determinants of health - New trends in health care-Basic Nursing Procedures (10Hours)

### Unit II

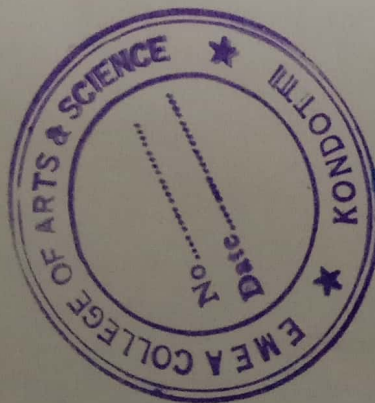
Introduction to Palliative Care -Definition - Common conditions requiring palliative care - Hospice Care - Support during grief and bereavement (10 Hours)

### Unit III

Geriatric Care - Concept of old age and related terms - Factors affecting old age - Changes in old age - Visit to Geriatric Care centre - Health education on prevention of accidents in elderly, elderly abuse (10 Hours)

### Unit IV

Field Work/Internships: Home care /Awareness Campaign/ Resource mobilisation for palliative care/ in-house training (30Hours)



  
MUHAMMED SHAFI T.  
NSS Programme Officer  
EMEA College of Arts & Science  
Kondotti-673 638

10-08-2017 NSS Advisory Board meeting held at College Seminar Hall

Agenda: ① Advisory Board Meeting.

Participants

Name	Designation	Signature
Dr. Umamaheshwari	Asst. Professor	[Signature]
Mohamed Sabir	Asst. Prof. of Arabic	[Signature]
Zaccaris T.V	Associate Professor	[Signature]
Roy P.P	Asst. Prof.	[Signature]
Firoz K.S	Asst. Prof.	[Signature]
Jahfar Odakkal	Asst. Prof.	[Signature]
Muhammed Shefi T.	Program Officer	[Signature]
Dr. Dhanya P.S	Asst. Prof.	[Signature]
K.C. Bidhu	Ward Member	[Signature]

Decision

- ① Decided to conduct various social and cultural oriented programs
- ② Decided to conduct different govt. sponsored programmes.
- ③ Decided to conduct four certificate courses:
  - 1. Certificate Course in Social Work
  - 2. Certificate Course in Disaster Management
  - 3. Certificate Course in Palliative and Geriatric Care
  - 4. Certificate Course in Legal Awareness
- ④ Decided to construct NSS shelter for the students
- ⑤ Decided to adopt a village in the district
- ⑥ Grant approval for various NSS programmes
- ⑦ By Mr. Kondotti



MUHAMMAD SHAFIQ  
 NSS Programme Officer  
 EMEA College of Arts & Science  
 Kondotti-673 636



EMEA COLLEGE AND ARTS AND SCIENCE, KONDOTTI

CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

REGISTRATION FORM

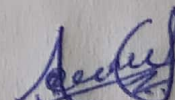
Name (in Capital)	ABHINAND SARATH .P
Programme	Bsc Computer Science
Semester	V <sup>th</sup> Semester
Date of Birth	15-02-1998
Name of Guardian	Sarath Chandran.P
Home address	Harichithra (H) Athanikkal Valluvambaram (PO) Malappuram (DT)
Phone No	9495903326

I, Abhinand Sarath .P

here by agree to abide the conditions of this Course



  
MUHAMMED SHAFI T.  
NSS Programme Officer  
EMEA College of Arts & Science  
Kondotti-673 638

  
Signature of the Applicant

# List of Enrolment 2017-2018

## CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

	GAZAL.M		
32	ANUSREE RAJ.M.K	B.COM CA	PGC17032
33	SMRITHY.K.M	B.COM CA	PGC17033
34	MOHAMMED HAFEEZ JAVAD.PK	BBA	PGC17034
35	MUHAMMAD MIDLAJ.P	BBA	PGC17035
36	MOHAMMED MUSTHAFA C.K	BBA	PGC17036
37	MOHAMMED FASIL.K	BBA	PGC17037
38	RIHAB MOHAMED	BBA	PGC17038
39	MUHAMMED SHABEEB.T.C	BBA	PGC17039
40	MUBASHIR.P.K	BBA	PGC17040



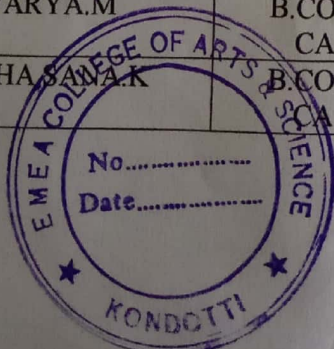
  
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Kondotti 673 638



# Record of Attendance 2017-2018

## CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

Sl.No.	Name of Volunteer(In Capitals)	Course	9/11/17	12/11/17	19/11/17	25/11/17	29/11/17	01/12/17	01/12/17	20/11/17	20/11/17	23/11/17
1	ABHINAND SARATH P.	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
2	MISHAB RAHMAN.M.U	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
3	ABDULLA MIDHLAJ .ET	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
4	MOHAMMED RAFLP	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
5	RASEEL.PU	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
6	MOHAMMED SIRAJ HASSAN	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
7	MOHAMMED NAVAZ.PV	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
8	JANDHAR.PK	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
9	NADIYA.P	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
10	SHANA.V	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
11	SHEFIN.PP	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
12	SHAHANA SHERIN	B.Sc CS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
13	Muhammed JUNAID PK	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
14	SHOJIN.K	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
15	SUHAIB.TA	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
16	MUHAMMED HASHIM.C	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
17	JOBIN RAJ.VP	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
18	MUHAMMED JIYAD.K	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
19	MUHAMMED JASIN.KC	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
20	AGHILA.V	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
21	NIGHITHA.NK	B.COM CO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
22	ANARGHA.K	B.COM CA	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
23	AIWARYA.M	B.COM CA	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
24	AYISHA SANA.K	B.COM	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓



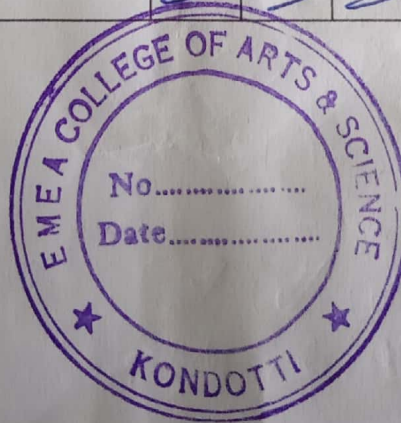
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 NSS Programme Officer  
 EMEA College of Arts & Science  
 Kondotti-673 638



# Record of Attendance 2017-2018

## CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

25	MUHAMMED ASHAR.N	B.COM CA	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>	<i>AS</i>
26	SHAKKIR.M	B.COM CA	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>
27	RINSHAD ALI.	B.COM CA	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>	<i>RA</i>
28	ARSHAD AFREEDI.	B.COM CA	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>	<i>AF</i>
29	MUHAMMED SARBAZ .KP	B.COM CA	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>
30	ADEEB HUSAIN.M.P	B.COM CA	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>	<i>AH</i>
31	MUHAMMED GAZAL.M	B.COM CA	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>	<i>GA</i>
32	ANUSREE RAJ.M.K	B.COM CA	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>	<i>AR</i>
33	SMRITHY.K.M	B.COM CA	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>	<i>SM</i>
34	MOHAMMED HAFEEZ JAVAD.PK	BBA	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>	<i>HJ</i>
35	MUHAMMAD MIDLAJ.P	BBA	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>	<i>MM</i>
36	MOHAMMED MUSTHAFA C.K	BBA	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>	<i>MC</i>
37	MOHAMMED FASIL.K	BBA	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>	<i>FM</i>
38	RIHAB MOHAMED	BBA	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>	<i>RM</i>
39	MUHAMMED SHABEEB.T.C	BBA	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>	<i>ST</i>
40	MUBASHIR.P.K	BBA	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>	<i>MP</i>



  
 MUHAMMED SHAFI T.  
 NSS Programme Officer  
 EMEA College of Arts & Science  
 Kondotti-673 638

Name: Abhinand. Sarath. P

Register No. PGCI7001....

Mark Scored... 26.....

## CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

### QUESTION PAPER

2017-2018

Time: 30 Minutes

Maximum: 30 Marks

*Answer all questions. Each question carries 2 marks*

1. The term ageism was coined by
  - a. Robert Butler
  - b. Ignatz Leo Nascher
  - c. Dr. O.P. Sharma
  - d. Dr SharadGokhale
  
2. Which of the following statements regarding Definition of Old age is not true:
  - a. Most developed countries have accepted the chronological age of 65 years as a definition of 'elderly' or older person
  - b. In contrast to the chronological milestones which mark life stages in the developed world, old age in many developing countries is seen to begin at the point when active contribution is no longer possible."
  - c. Government of India adopted 'National Policy on Older Persons' in January, 1999. The policy defines 'senior citizen' or 'elderly' as a person who is 60 years of age or above.
  - d. The United Nations generally uses 65+ years to refer to the older population
  
3. The elderly population (>60 years) accounted for what percent of total population of India in 2011.
  - a. 6.2%
  - b. 7.4 %
  - c. 8.3%
  - d. 9.3%
  
4. Which of the following Institutions in India does not conduct Geriatric Medicine courses.
  - a. IGNOU
  - b. AIIMS Delhi
  - c. Mysore Medical College
  - d. Madras Medical College
  
5. The Maintenance and Welfare of Parents and Senior Citizens Act, was enacted in India in the year
  - a. 2005
  - b. 2010



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- c. 2007  
d. 2001

6. What is Palliative Sedation?

- a. a way to minimize pain  
b. a way to maximise pain  
c. a type of headache  
d. none of these

7. When is World Palliative Day ?

- a) October 11  b) October 12 c) October 13 d) October 14

8. When is Kerala Palliative day ?

- a) January 10 b) January 16  c) January 15 d) January 14

9. Year of the implementation of the National Cancer Control Program by the Government of India?

- a) 1972 b) 1974  c) 1975 d) 1977

10. What is the full form of NNPC?

- a) National network in palliative care  
b) Network national in palliative care  
c) Network neighborhood in palliative care  
 d) Neighborhood network in palliative care

11. How many old age homes are there in Kerala?

- a) 325 b) 520  c) 565 d) 472

12. Who started old age home ?

- a) Prakash krishnan  
b) Vipin chandradas  
 c) Nemmadi vishranthi dama  
d) Pankajakshan pilla

13. When is World Food Day ?

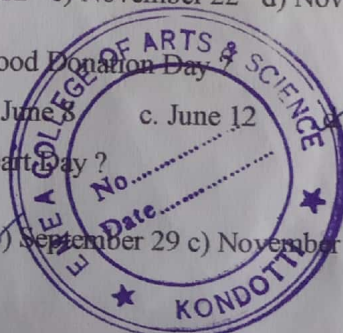
- a) October 16 b) October 12 c) November 22 d) November 16

14. When is World Blood Donation Day

- a) June 1 b) June 12  c) June 12 d) June 14

15. When is World Heart Day ?

- a) September 20  b) September 29 c) November 3 d) November 8



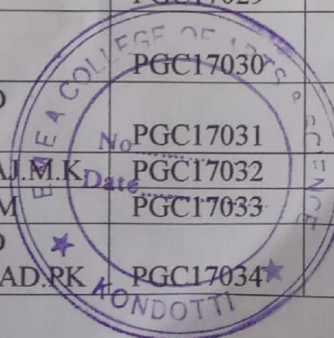
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# Mark List 2017-2018

## CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

Sl.No.	Name of Volunteer(In Capitals)	Register No	Mark Obtained
1	ABHINAND SARATH P.	PGC17001	26
2	MISHAB RAHMAN.M.U	PGC17002	28
3	ABDULLA MIDHLAJ .ET	PGC17003	24
4	MOHAMMED RAFI.P	PGC17004	28
5	RASEEL.PU	PGC17005	28
6	MOHAMMED SIRAJ HASSAN	PGC17006	24
7	MOHAMMED NAVAZ.PV	PGC17007	30
8	JANDHAR.PK	PGC17008	26
9	NADIYA.P	PGC17009	30
10	SHANA.V	PGC17010	26
11	SHEFIN.PP	PGC17011	26
12	SHAHANA SHERIN C	PGC17012	26
13	JUNAID PK	PGC17013	26
14	SHOJIN.K	PGC17014	26
15	SUHAIB.TA	PGC17015	28
16	MUHAMMED HASHIM.C	PGC17016	24
17	JOBIN RAJ.VP	PGC17017	26
18	MUHAMMED JIYAD.K	PGC17018	30
19	MUHAMMED JASIN.KC	PGC17019	26
20	AGHILA.V	PGC17020	26
21	NIGHITHA.NK	PGC17021	20
22	ANARGHA.K	PGC17022	26
23	AISWARYA.M	PGC17023	27
24	AYISHA SANA.K	PGC17024	26
25	MUHAMMED ASHAR.N	PGC17025	26
26	SHAKKIR.M	PGC17026	24
27	RINSHAD ALI.	PGC17027	26
28	ARSHAD AFREEDI.	PGC17028	30
29	MUHAMMED SARBAZ .KP	PGC17029	28
30	ADEEB HUSAIN.M.P	PGC17030	22
31	MUHAMMED GAZAL.M	PGC17031	26
32	ANUSREE RAJ.M.K	PGC17032	28
33	SMRITHY.K.M	PGC17033	26
34	MOHAMMED HAFEEZ JAVAD.PK	PGC17034	26



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### CERTIFICATE COURSE IN PALLIATIVE AND GERIATRIC CARE

35	MUHAMMAD MIDLAJ.P	PGC17035	30
36	MOHAMMED MUSTHAFA C.K	PGC17036	30
37	MOHAMMED FASIL.K	PGC17037	26
38	RIHAB MOHAMED	PGC17038	28
39	MUHAMMED SHABEEB.T.C	PGC17039	24
40	MUBASHIR.P.K	PGC17040	26-



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**EMEAC COLLEGE OF ARTS & SCIENCE**  
 KONDOTTI, MALAPPURAM  
Aided by Govt. of Kerala | Affiliated to the University of Calicut  
 Reaccredited with A grade by NAAC

NSS UNIT 102, 115  
 2017-18



# Certificate

## Palliative and Geriatric Care

This is to certify that Mr/Mrs/Ms ABHINAND SARATH P.

has successfully completed a certificate course in Palliative and Geriatric Care (60 hours) offered by  
 National Service Scheme, EMEA College of Arts and Science, Kondotti.

*[Signature]*  
 PRINCIPAL  
 EMEA COLLEGE OF ARTS  
 & SCIENCE, KONDOTTI  
 MALAPPURAM DT. 673 638



*[Signature]*  
 Principal  
 EMEA COLLEGE OF ARTS AND SCIENCE  
 KUMMINPARAMBA - PO, KONDOTTI  
 MALAPPURAM DT. - 673638

Course  
 Coordinator



NSS Programme Officer  
 EMEA College of Arts & Science