

## Talk on Self Management through Yoga




The association inauguration of the Department of commerce was held on 13<sup>th</sup> December 2018 . Prof. Rajan Malayil. HOD, PG Department of Commerce, Zamorins Guruvayoorappan College, Kozhikode, formally inaugurated the function and handled a session on “Self Management Through Yoga.

No. Of Participants:

Certified that the data attached herewith is true.



  
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