

DVV CLARIFICATION 7.1.1.1

NIRBHAYA: SELF DEFENSE TRAINING

JOINTLY ORGANIZED BY

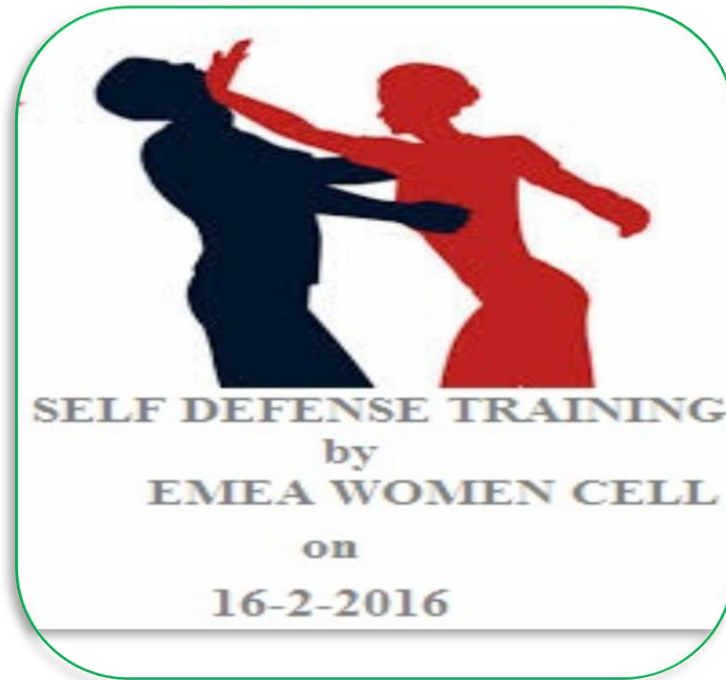
WOMEN CELL AND THE KERALA POLICE

16 FEBRUARY 2016

Self-defense, especially for women, is of prime importance due to the world of power imbalance that we live in today. Women, usually referred as the weaker sex as per the stereotype amongst the two genders are generally considered easy targets. Especially in a country like India where the cases of gender violence are on rise, while many others go unreported, self-defense for women has become imperative more than ever.

Some of the common crimes against women in India include rape, sexual assaults, molestation, kidnapping and murder. These are in addition to other vulnerable crimes such as acid attacks, groping and eve-teasing. It is in these instances when the importance of learning self-defense techniques for women is felt strongly. The criminals tend to choose their target when they find a potential victim who is unaware of their surroundings. Making these women aware, cautious, and equipped in times of need is what can immobilize/decapitate, put the criminals in danger and in turn can potentially reduce the number of crimes against women.

It is this context, a self-defense class was conducted for girls to build confidence in physical resistance skills which allows women to feel more capable and more at peace in potentially dangerous situations. Women cell and the Kerala police department jointly organized this program named “Nirbhaya” on 16.2.2016. Around 200 students participated.



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ATTENDANCE CHART

Sl No	Adm No	Name	Attendance
1.	8354	ASMABI.K.M	X
2.	8602	BASILA.C	X
3.	8366	BINCY MUHAMMED. P.	X
4.	8347	BUSHRA.K.E	X
5.	8520	FATHIMA SHAHANA.A	X
6.	8322	HUSNA SHERIN.M	X
7.	8400	JANOOSHA.M	X
8.	8568	JASIRA.T.T	X

9.	8327	MUBEENA.K.E	X
10.	8345	MUHSINA,V	X
11.	8567	MUNEERA.A.K	X
12.	8292	MURSHIDA RAHMATH	X
13.	8559	NABEELA.K	X
14.	8551	NAJLA.P	X
15.	8493	NAJMATHUL HUDA.N.E	X
16.	8321	RAJULA.V	X
17.	8490	SHAHANA KARUTHE DATH	X
18.	8365	SHAHINA. V. P.	X
19.	8430	SHEREENA THESNEEM.M.C	X
20.	8519	SHIBLA.K.K	X
21.	8378	FAREEDHA SHAHANAZ. C. T.	X
22.	8597	NOUSHI NISHANA.C	X
23.	8339	SANA SULAIKHA.M	X
24.	8506	ARIFA.T	X
25.	8451	BIBISHA.K	X
26.	8489	BINSY.K	X
27.	8564	HASNA. K	X
28.	8709	JINSY.K	X
29.	8579	SHADIYA. P.	X
30.	8404	AMINA RASHIDA.P.A	X
31.	8403	ANSILA. K. K.	X
32.	8380	JASNA. K.	X
33.	8357	MUHMINA. M.	X
34.	8595	MUHSINA.A.K	X
35.	8343	MUHSINA.P.P	X
36.	8342	PATHUMMA SUHARA.K	X
37.	8390	RAFNA PANDARAPPETTY	X
38.	8593	RAIHANATH. M.	X

39.	8555	SAKKIRA.P.K	X
40.	8406	SHAHEEDA.P	X
41.	8297	SHAHNA. M.	X
42.	8557	SHAHNA.M	X
43.	8562	SULHATH.V.C	X
44.	8375	AFEefa.P	X
45.	8399	AKHILA. P.	X
46.	8429	ANEESA.K	X
47.	8584	BALKEES.M.C	X
48.	8572	FARSANATH.M	X
49.	8511	KAMARUNNEESA.V.P	X
50.	8388	NASEEBA.P	X
51.	8571	RAHNA. P.	X
52.	8589	SAFANA.K	X
53.	8348	THASNEEMA.P.P	X
54.	8513	AFIYA ULFATH. V.	X
55.	8477	ASNA YASMIN.E	X
56.	8382	ATHIRA.K.P	X
57.	8696	JISHA. K.	X
58.	8470	RAHILA.K	X
59.	8484	NEETHU RAJ.M.V	X
60.	8294	NIKHILA.T	X
61.	8293	PRASEENA.K	X
62.	8472	SARANYA.P	X
63.	8516	SHANI.C.P	X
64.	8296	SHARAFUNNISA.P.T	X
65.	8376	SHINI.M	X
66.	8419	SIJITHA. P.	X
67.	8447	SOUFILA.K.P	X
68.	8360	THASREEFA.P.K	X

69.	8426	BAHEERA. M. M.	X
70.	8361	BASIMA.K	X
71.	8353	FATHIMA SHIRIN. M. N.	X
72.	8318	FOUSIYA. K. P.	X
73.	8498	HAMEEDA.P	X
74.	8315	JAMEEMATH JILVA.U.	X
75.	8377	JILNA.B	X
76.	8326	RAJEENA. K.	X
77.	8543	SAFA MUSTHARI.P	X
78.	8313	SAHLA.E K	X
79.	8427	SAKKIRA.C	X
80.	8312	SHAFNA.K	X
81.	8309	SHAMEENA.P	X
82.	8351	SHIFANA YASMIN.C.T	X
83.	8536	SHIMNA. C. U.	X
84.	8310	AYISA RAFNI.K.T	X
85.	8289	FATHIMA SHAHANA.K.K	X
86.	8379	JAMSHIYA.K.P	X
87.	8420	JISANA. T. K.	X
88.	8457	MAIMOONA.A.P	X
89.	8311	MUBSINA.N.V	X
90.	8479	MUFEEDA SHERIN.K	X
91.	8359	SREESHMA.K	X
92.	8316	SUHAIL. A. K.	X
93.	8524	DEEPTHI.C	X
94.	8564	HUSNA GANSA.P	X
95.	8868	FEBINA. K	X
96.	9047	RASHIDA. K	X
97.	9115	SHIMNA SHERI. T.M	X
98.	9116	SHAKKIRA C C	X


99.	8882	ABDUL VASITH. E	X
100.	8820	AYSHA HEBA. K. K	X
101.	9039	BINSINA NASINI. V. P	X
102.	9022	FARISA. P	X
103.	8950	FARSANA. C. K	X
104.	8744	FARSANA. K	X
105.	8736	FATHIMATHUL MUBASHIRA. K	X
106.	9038	HAJARA. P	X
107.	8996	HASEENA. K. K	X
108.	8855	JASEELA. K.K	X
109.	8798	MUHSINA. K K	X
110.	8885	MUHSINA. K. N.	X
111.	8801	MURSHIDA. K. K.	X
112.	8750	NADA ALSHADA. K T	X
113.	8717	NUSHATH. V	X
114.	8851	RAMEESA KARATTUCHALI	X
115.	8982	RINSHIDA BANU. C	X
116.	9041	SABINA KOPPILAN	X
117.	9046	SAFVANA. A.	X
118.	8760	SAHLA. T. P	X
119.	8985	SAJIRA K	X
120.	8719	SHAHVANATH. K.P	X
121.	8835	THASNI SIRIL. K P	X
122.	8821	BASILA SHERIN ARASSERI	X
123.	8877	DHANIYA. K.P	X
124.	8883	MAHAROOF M K	X
125.	8942	MANJU. C P	X
126.	8770	MUBASIRA. K P	X
127.	8778	SHAHLA. A. P	X
128.	9004	AJISHA. V. T	X

129.	8976	ANJALI. K	X
130.	8903	ASWINI. E	X
131.	8929	HANNATH. P	X
132.	8948	JASNA . E	X
133.	8943	MONISHA. P	X
134.	9045	MRUDULA. P. K	X
135.	8894	MUBASHIRA. C	X
136.	8920	MUBASHIRA. M. P	X
137.	9048	RAGI. K.	X
138.	8786	RAJANI K K	X
139.	9024	REMYA. T. N	X
140.	8852	SHIBINA. K	X
141.	8888	SUJA SUNDARAN. VELLON	X
142.	9033	SWABIRA. K. P	X
143.	8961	VAFIYATH. P. V	X
144.	8893	NIHALA M.	X
145.	9118	NUSAIBA P	X
146.	9119	SADEEDA SERIN K	X
147.	9112	SHAMNA SHAHUL. P	X
148.	8808	ASHLY. P	X
149.	8940	FARISA THASNEEM K	X
150.	8841	FASEELA. E	X
151.	8872	JESMITHA BANU. K	X
152.	8711	MUHSINA.TK	X
153.	8724	RAHILA PK	X
154.	8941	RISBANA. M. C	X
155.	8749	SABNA. T.K	X
156.	8806	SHAHNA JUBIN. K. P	X
157.	8962	SHAKEELA. M.	X
158.	8849	AYSHA RINSHILA. P	X

159.	8721	JYOTHIKRISHNA. V	X
160.	8826	NAJMA. M. C	X
161.	8937	SHAYIFA ASHRAF. M	X
162.	8785	SHERIHAAN. M.	X
163.	8741	SRUTHI. M. M	X
164.	8814	AMRITHA. V	X
165.	8869	FARSEENA. M K	X
166.	8723	HAMNA ODAKKAL	X
167.	9028	HARITHA HARIDAS	X
168.	8947	JASMINA BEEGUM. K. P	X
169.	9029	PAHEEMA PARVI. V	X
170.	8810	RASHIDA. K.	X
171.	8978	KHAIRUNNEESA. C.	X
172.	9093	NAJEEBA. P	X
173.	9106	HASBIRA KUNNATH	X
174.	9102	RASHIDA. PT	X
175.	9103	HARITHA. K	X
176.	8846	FATHIMA SHABEEBA. P. A	X
177.	9036	HASNA. P. C	X
178.	9012	JAMSHEEDA. T	X
179.	9043	JASEELA THASNEEM. A.T	X
180.	8965	JISLA. T	X
181.	8862	JUMANA. L	X
182.	8889	MURSHIDA MUMTHAS. P. A	X
183.	9008	MURSHIDA. P T	X
184.	8975	MUZHIRA. P.	X
185.	8725	RAIHANATH PALAMADATHIL CHEMBANTHODIKA	X
186.	8748	SABNA. K	X
187.	8728	SADIYA. K	X
188.	8986	SHAHINA. P	X

189.	8863	UMMUHABEEBA. A K	X
190.	8936	FAMEEDA. K	X
191.	8875	FARHANA BANU. K	X
192.	9031	FATHIMA TASNI M	X
193.	8928	JASMINA . K . K	X
194.	8729	RANJISHA. M. V	X
195.	8895	SAHLA. A	X
196.	9013	SAMEENA . P	X
197.	8715	SHABEERA. K	X
198.	8779	SHAFEEDA. E	X
199.	8720	SUMAYYA ETHA	X
200.	8817	ARYA. O	X
201.	8953	ASWANI. P. P.	X




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