



DIRECTORATE OF MINORITY WELFARE

## REPORT

## THREE DAY PREMARITAL – COUNSELING

## **PATHWAY- SOCIAL LIFE WELLNESS PROGRAMME**

AT

## EMEA COLLEGE OF ARTS AND SCIENCE KONDOTTY

ON 19-21 JANUARY 2023





# Government of Kerala Department of Minority Welfare

In association with Counseling Centre & Minority Cell EMEA College of Arts and Science, Kondotty

(Re-accredited with ' A' Grade by NAAC)



COACHING CENTRE FOR MINORITY YOUTHS VENGARA - KOLAPPURAM

## Programme at a Glance

DAY 1	
INAUGURATION	
Programme Schedule	
WELCOME	: HISANA THESNI
	(STUDENT COORDINATOR)
PRESIDENTIAL ADDRES	SS : N K ZAHEERA BANU
	(COORDINATOR, COUNSELLING CENTRE)
PRINCIPAL ADDRESS	: Lt. ABDUL RASHEED
	(PRINCIPAL EMEA COLLEGE)
INAUGURATION	: S SURESH
	(DIRECTOR, CALICUT INTERNATIONAL AIRPORT)
FELICITATION	: ABDURAZAQUE
	(ASSOCIATE PROFESSOR, IQAC COORDINATOR)
	: KAMALAM EDATHIL
	(ASSOCIATE PROFESSOR)
	: SIBI NIJAS
	(COORDINATOR, MINORITY CELL)
VOTE OF THANKS	: ANSHID RAHMAN T K
	(STUDENTS COORDINATOR)

#### SESSIONS

#### <u>DAY 1</u>

#### **SESSION 1**

DATE: 3-01-2022

TIME: 9:00 AM

TOPIC: MARRIAGE-HISTORICAL, SOCIAL, RELIGIOUS PERSPECTIVES

FUNCTION OF MARRIAGE

RESOURCE PERSON: MS HAJARA.

#### SESSION 2

DATE: 3-01-2022

TIME: 1:30 PM

TOPIC: HUSBAND WIFE RELATIONSHIP- MALE FEMALE DIFFERENCES- QUALITY TIME-SOCIAL MEDIA

RESOURCE PERSON: MS MUNSHIDA.

#### <u>DAY 2</u>

#### SESSION 1

DATE: 4-01-2022

TIME: 9:30 AM

TOPIC: SEXUAL LIFE- PREGNANCY-REPRODUCTIVE HEALTH

**RESOURCE PERSON : DR ZEYANA** 

#### **SESSION 2**

DATE: 4-01-2022

TIME: 1:30PM

TOPIC : CONFLICT RESOLUTION & LEGAL ASPECTS OF MARRIAGE

RESOURCE PERSON : ADV. MUBASHIR KUNDOOR

#### <u>DAY 3</u>

#### **SESSION 1**

DATE: 5-01-2022

TIME: 9:30 AM

TOPIC : MARRIAGE AND OTHER RELATIONSHIPS

**RESOURCE PERSON : MS SAMEERA** 

#### SESSION 2

DATE: 5-01-2022

TIME: 1:30 PM

TOPIC: HOME MANAGEMENT AND FAMILY BUDGETING

RESOURCE PERSON: MR. MUHAMMED FASAL PULLAT

RESOURCE PERSON : MR. ABDUL NAZAR

#### VALEDICTORY SESSION

Programme Schedule

WELCOME	: HISANA THESNI
	(STUDENT COORDINATOR)
PRESIDENTIAL ADDRESS	S : N K ZAHEERA BANU
	(COORDINATOR, COUNSELLING CENTRE)
PRINCIPAL ADDRESS	: Lt. ABDUL RASHEED
	(PRINCIPAL EMEA COLLEGE)
KEY NOTE SPEECH	: CI SHIBU
	(KARIPPUR POLICE STATION)

CERTFICATE DISTRIBUTION: CI SHIBU

VOTE OF THANKS : RABIYA THASNI

<u>SL.</u> <u>NO</u>	NAME	<u>TIME</u>						
	<u> 19/01/2023 – THURSDAY</u>							
1	SHAMEERA SHIBU. M 8281861208							
2	JUMANA 9249346163	2 pm – 5:15 pm						
	<u>20/</u>	01/2023 – FRIDAY						
3	MUNSHIDHA. K 9995671415	INFANT AND ADOLESCENTS, PARENTING SKILLS, SEX EDUCATION AND PREGNANCY	10 am - 01:15 pm					
4	HAJARA. M V 9446712339	EFFECTIVE MANAGEMENT OF IN LAW RELATIONSHIP AND CONFLICT MANAGEMENT	2 pm – 5:15 pm					
	21/01	L/2023 – SATURDAY						
6	ANSHAD 9447417791	FAMILY BUDGETTING	10 am - 01:15 pm					
	ADV. FASALUL HAQQ 9447021350	LEGAL AND RELIGIOUS ASPECTS OF MARRIAGE	2 pm – 5:15 pm					

#### REPORT

#### SESSION WISE

#### <u>DAY 1</u>

#### **INAUGURATION**

On 19 January 2023 at Kondotty, EMEA college counselling centre in association with minority welfare department, government of Kerala, conducted a premarital counselling certified programme in the campus. The session started at 10:00 a.m with an inauguration ceremony. The programme was inaugurated by Mr. S Suresh, Director, Calicut International Airport. Student coordinator, Hisana Thesnim delivered welcome speech and presidential address was done by programme coordinator Zaheera Banu. After the principal address by Lt. Abdul Rasheed, Mr Abdurazaque P M a, Ms Kamalam Edathil and Mr Sibi Nijas delivered felicitations. Student coordinator, Anshid T K delivered vote of thanks.

In three-day long counselling sessions, topics discussed include marriage, in-law relationship, legal aspects of marriage, husband-wife relationship, family relationship and social issues, budgeting and so on.

#### **SESSION 1**

DATE: 19-01-2023

TIME: 10:00 AM

TOPIC: INTRODUCTION – MARRIAGE FOR WELLNESS

Resource Person: Ms Sameera Shibu

The upcoming session was handled by Ms Sameera. The resourse person made student aware on the importance of maintaining a successful marital relationship and the significance of getting pre-marital counselling. "marriage is a lifelong journey two souls becoming one" like wise the resource persons entered many thoughts into student's mind. The historical, social and religious perspectives of marriage were unravelled. The session was lively and they assured involvement of each and every one. Students were free to ask any doubts and to share their feedbacks.

#### SESSION 2

DATE: 19-01-2023

TIME: 2;00 PM

TOPIC: EFFECTIVE COMMUNICATION SKILLS FOR COUPLES AND HEALTHY ONLINE COMMUNICATION Resource Person: Ms Jumana

The second session was handled by Ms Jumana, member of minority welfare department. The programme mainly dealt with husband wife relationship. She told that it is crucial for long lasting happiness in one's life. It is all about love and companionship. The smooth running husband-wife relationship is important in marital relationship. The session was made lively through games and role plays. Role plays were conducted by dividing students into eight groups and they performed different situations in marital life. Resource person made sure that the students are lively and interactive throughout the class. Towards the end of the session a questionanswer session was put forward were students clarified their doubts and raised questions regarding the topic. They also gave their feedbacks on the entire day. Students were provided with refreshments and the session ended by 5.15 pm.

#### <u>DAY 2</u>

#### **SESSION 1**

DATE: 20-01-2023

TIME: 10:00 AM

TOPIC: INFANT AND ADOLESCENTS, PARENTING SKILLS, SEX EDUCATION AND PREGNANCY

Resource Person: Ms Munshida K

On the second day of premarital class, the morning session was assigned to Ms Munshida. The resourceperson explained very well the male-female difference between anatomy. She also gave an outlook on how an invidual reaches puberty and the key charecteristics were enlisted. she also discussed about the sexual life in marriage and the relevance of different contraceptive methods. The stages of pregnancy and maturation of baby were explained very well. She talked about expected pregnancy ,unexpected pregnancy, and illegal pregnancy. Attitude towards the foetus must be positive. Then he explained pregnancy in detail and importance of having aware of it. As it is important to make emotional state of mother positive during pregnancy because adrenaline hormone increases during pregnancy and affect the foetus. She also discussed about the health maintainance during pregnancy period. During pregnancy adopting healthy eating habits, taking care of herself, taking care of the baby in womb, following good exercise routine, avoiding stress are very important.

Students were given opportunities to clarify their doubts, were they raised very appreciating and relevant questions. Moreover, the session gave students an insight about importance of sexual life to maintain a healthy marriage. The session ended with a feedback from the students by 12.30 p.m

#### <u>DAY 2</u>

#### SESSION 2

DATE: 20-01-2023

TIME: 2:00 pM

TOPIC: EFFECTIVE MANAGEMENT OF IN LAW RELATIONSHIP AND CONFLICT MANAGEMENT

PREGNANCY

Resource Person: Ms Hajara M V

The session dealt with the topics effective management of in law relationship and conflict resolution and legal aspects of marriage. She mainly discussed about value of communication in marriage and other relationship with inlaws. She gave many instructions for improving the effectiveness of communication in relations. She also discussed about the responsibility, challenges and problems faced by the spouses in many situations of their life. Marriage is always more than mere union of two persons but of two families. Keeping this idea, the resource person explained the importance of maintaining a healthy, fruitful relationship with the family members. She made the class lively by engaging students in role play and other relevant games and clearing doubts. The resource person also gave a detailed idea on various conflicts that arises in marital life and the different mode used to resolve the issues. Many students made use of the opportunity and made the session interactive.Students were provided with refreshments at the end of the session. The session ended at 5:15pm.

#### <u>DAY 3</u>

#### **SESSION 1**

DATE: 21-01-2023

TIME: 10:00 AM

**TOPIC : FAMILY BUDGETTING** 

Resource Person : Mr Anshad

The session started at 10.00 a.m. It was on the topic 'family budgeting' by Muhammed Fasal Pullat. A financial source and its management are essential for smooth running family. A clear picture on home expense management and balanced family budgeting was given by the resource person. Planning and plotting are important for financial management. The class was interesting and gave opportunity to learn the ways to ensure financial security and the general maintenance of home expense through group activity. The speaker provides the insight and understanding regarding the key concepts in spending money wisely. He discussed the practical steps in planning budget and necessity to focus on savings to meet objectives and plan for the future to ensure economic security. He stated that money management is about meeting expenses, setting aside money for emergencies and savings. After the session, students cleared their doubts and gave feedback. The session ended at 5:15 pm

#### SESSION 2

DATE: 21-01-2023

TIME: 1:30 PM

TOPIC: LEGAL AND RELIGIOUS ASPECTS OF MARRIAGE

Resource Person: Adv. Fasalul Haqq

The second session started at 2:00 pm. He started with the introductory topic; the conditions of valid marriage with respect to different religion based laws. The session was rich in information about the restitution of conjugal rights. He also focused on the topic 'grounds for judicial separation'. Throughout the session

he described the relevance of marriage and marriage acts of different religion like Hindu marriage act, Christian marriage act and Muslim marital laws. Later he even putforward a discussion on dowry and dowry prohibition Act. The topic ended up with a talk on the modern trends in marital laws. The resource person also gave a detailed idea on various conflicts that arises in marital life and the different mode used to resolve the issues. The whole session was information loaded regarding many laws related to marriage. After the session, students cleared their doubts and gave feedback. The session ended at 5:15 pm

#### VALEDICTORY SESSION

The valedictory session was inaugurated and certificates were distributed by Mr Shibu, Circle Inspector, Karippur Airport. Keynote address was delivered by the principal, Lt Abdul Rasheed P. Welcome address and vote of thanks were delivered by Hisana Thesnim and Rabiya Thasni respectively. ATTENDANCE LIST



# DIRECTORATE OF MINORITY WELFARE

Government of Kerala

Pathway- Social Life Wellness Programme 2022-23 Name of the institution E.M.E.A.COLLEGE Name of the VENGARA CCMY ATTENDANCE REGISTER SI SIGNATURE mojej No Name Grendez Address 19/1/23 20/1/23 21/1/23 Ne a FN AN FN FN AN AN 1 hadenal (H) Ajmal K Tinung adi Cherathaden OMBrakkode 28 2 Aswathi C Aming 120 3 Anshid Rahman T T KANANDON 1 4 Fathah Manzil Ayisha Jumana ve bincitates goodth KOLAPPWYICH) 5 Bahira Shirin 03hukur Arimbin H 6 Fahmidia K I Puthan Maliyakka Bicker thadyi Mouser Chender Fahmidia K T 7 meparambour 8 Fathima Marva K T (Ho) Padikkak Phillett (H) 9 Fathima Rifa P Kondety Philikkal (H) 10 Fathima Rushda Kuluprith Kondoliy Suhan Manzit 1 11 Panappangad: +1 Fall Fathima Suhara Variyath 12 Shaima Jahan Pevingaliti 13 Kondolly Cayathri P Kanershankandi (M) Thurathal 14 Laming Ameen KM S Chemmalan(H) 15 Padikka Hisana Thesnim chermonad ( [H]) the limbra Jishna C V 16

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### FEEDBACK:



DIRECTORATE OF MINORITY WELFARE Government of Kerala Pathway- Social Life Wellness Programme 2022-23 E.M.E.A College of Arts and Science Kondotty January 19, 20, 21 FEEDBACK FORM

SI No	Name	Subject	Excellent	Very Good	Good	Average	Below Average
1	SHAMEERA SHIBU	Introduction – Marriage For Wellness	$\checkmark$				
2	JUMANA	Effective Communication Skills For Couples And Healthy Online Communication			$\checkmark$		
3	MUNSHIDHA, K	Infant And Adolescents, Parenting Skills, Sex Education And Pregnancy	$\checkmark$				
4	HAJARA. M	Effective Management Of In Law Relationship And Conflict Management		V			
5	ANSHAD	Family Budgeting	V				
6	ADV. FASALUL HAQQ	Legal And Religious Aspects Of Marriage	$\checkmark$			-	

#### BANNERS



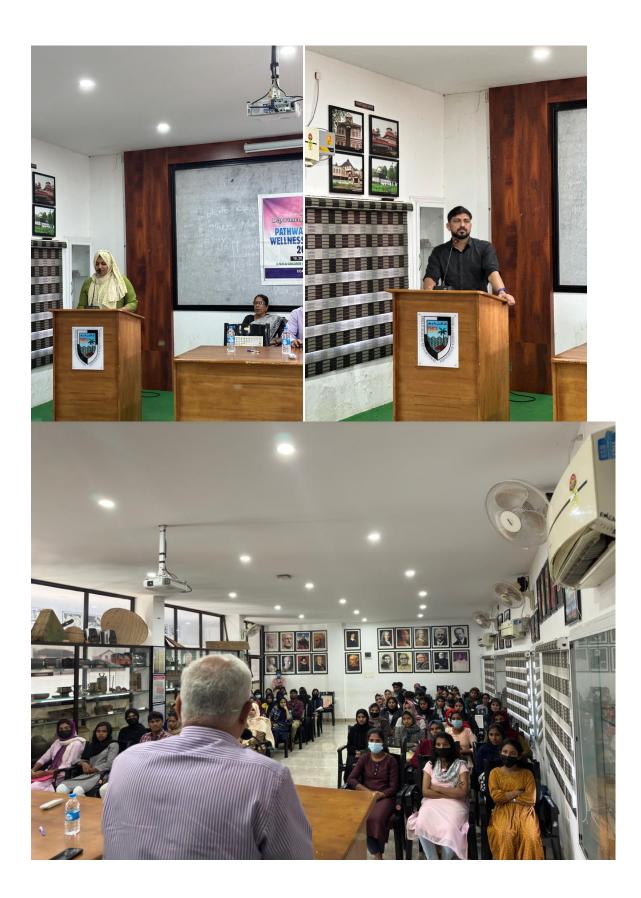
#### CERTIFICATE



## PHOTOS:

#### **INAGURATION CERMONY**













Day 1

DAY	2
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DAY	3
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## Valedictory Session





## EMEA DEBATE CLUB

## Discussion gender neutrality, equality and justice

The debate club is an active student platform of EMEA college to enhance the presentation and debating skills of students.Various programs including students talk, invited weekly lecture seminar, book review presentation and public speaking training has been conducted under banner of debate club.Dr Ashraf Valoor, Assistant professor and HOD political science is the staff coordinator and Sinu Shirn, Nasiya Farsana and Muhammed Finos are the student's coordinator who lead the team debate club.

The debate club conducted discussion on the topic gender neutrality,equality and justice on 10th oct 2021 at 2:30 pm in seminar hall.The programme was inaugurated by principal and

presidential address was given by Dr. Ashraf valoor. Two students from English department shared their views on topic.Ramzana Basheer cited all incidents which led to emergence of concept of gender neutrality and statements of various in society. Amjad shas talk gave a clear picture how detrimental is actually gender neutrality to society. Some students among the audience shared their views and

concerns on the topic.Dr.Ashraf valoor, HOD of political science and Dr. Afsal PC, assistant professor, department of English expressed their views on the same. The programme was welcomed by Fasna E from English department and Afeef from economics delivered vote of thanks.A token of appreciation were given to Adhnan ok, Farsana Thesni, Nasiya Farsana and Sinu Shirin for their presentation on various topic conducted in relationship to independence day on 31st aug 2021.

Brochure



More from programme



Amjad Sha from Ba English sharing his thoughts on gender nuetrality



Ramzana Basheer from Ba English expressing views on gender nuetrality



Dr. Ashraf valoor giving his ideas on the topic



Dr. Afsal PC giving his thought's on the topic



## Students recieving token of appreciation







## One Day Seminar on Rural Woman for Economic Empowerment &Interaction with Young Women Entrepreneurs <u>REPORT –14,October-2022</u>

ED – CLUB, EMEA College of Arts& Science



**FACE SHEET** 

SL No	CONTENT	PAGE NO
1	BROCHEUR/WALL POSTER& REGISTRATION	2
2	ENTREPRENEURS MEET PROGRAM SCHEDULE	6
4	ENTREPRENEURS LIST	4
6	PHOTO GALLERY	13
7	FEEDBACK RESPONSES	24

#### **INTRODUCTION**

Entrepreneurship Development Club and **PG Department of Commerce**, EMEA College.Organized One Day Seminar on "Rural Woman for Economic Empowerment &Interaction with Young Women Entrepreneurs" on 14<sup>th</sup> OCTOBER, 2022-Friday, at 10.30 AM in the Seminar Hall. The program was conducted to create an awareness among Girls Students about Entrepreneurship development and conduct. The Participants of this program was the Ed Club Members and 50 Registered Students from PG Department of commerce, EMEA College. **Mrs. Shabna Hasker**, (Women Entrepreneur and Life Style Vlogger) has Attended as Chief Resource Person in the program . The program was very success and Interesting. The Entire coordination of the functions are controlled by Selected committees .All committee members has done their duties to the success of the program. The ED Club student coordinator, ED Club Teacher Coordinator, Program Conveners, IQAC Coordinator and Principal of EMEA College has given Very Well support and help.

## OBSERVING INTERNATIONAL DAY OF RURAL WOMEN

## **ONE DAY SEMINAR ••** RURAL WOMAN FOR

ECONOMIC EMPOWERMENT & INTERACTION WITH YOUNG WOMEN ENTREPRENEURS



Inauguration:

Lt Abdul Rasheed P (Principal, EMEA College Kondotty)



Women Entrepreneur: Mrs. Shabna Hasker (Lifestyle Vlogger)



Presence : Mrs. Naseera Kannanari

(7Ward Member, Pallikkal Panjayath) Coordinators: Mrs. Kamalam Edathil (HOD Department of Commerce) Mr Muhammed Faisal T (Teacher in Charge, ED Club Coordinator) Miss. Shifna (Student Entrepreneur)

10.30 AM TO 12.30 PM

FRIDAY SEMINAR HALL. EMEA

Jointly Organized by

PG DEPARTMENT OF COMMERCE & ED CLUB EMEA COLLEGE OF ARTS AND SCIENCE - KONDOTTI (Re-accredited with ' A' Grade by NAAC)



#### PG DEPARTMENT OF COMMERCE & ED CLUB EMEA COLLEGE OF ARTS &SCIENCE, KONDOTTI

# "Observing International Day of Rural Women"

One Day Seminar on

Rural Woman for Economic Empowerment &Interaction with Young Women Entrepreneurs On 14-10-2022 @Seminar Hall

10.30 Am

Welcome Speech	: Miss. Thammanna (Coordinator of Program)
Presidential Address	: Mrs. Kamalam Edathil (Associate Professor) (HOD -PG Department of Commerce)
Inaugural Address	: Lt Abdul Rasheed P (Principal of EMEA College)
Felicitations	: Mr. Abdurazaque PM (IQAC Coordinator,EMEA College) (Associate Professor of Economics)
	: Miss Naseera Kannanari (7 <sup>Th</sup> Ward Member,Pallikkal Grama Panjayath) :Dr Jisha PJ (Women Cell Coordinator) :Assistant Professor of Micro Biology) :
Keynote Address	<b>: Mrs. Shabna Hasker</b> (Women Entrepreneur and Life Style Vlogger)
Technical Session 1	:Interaction with Women Entrepreneur
Vote of Thanks	: Miss Riyana .P (ED CLUB student convener)

## Program Inauguration @14/10/2022 -10 .30AM



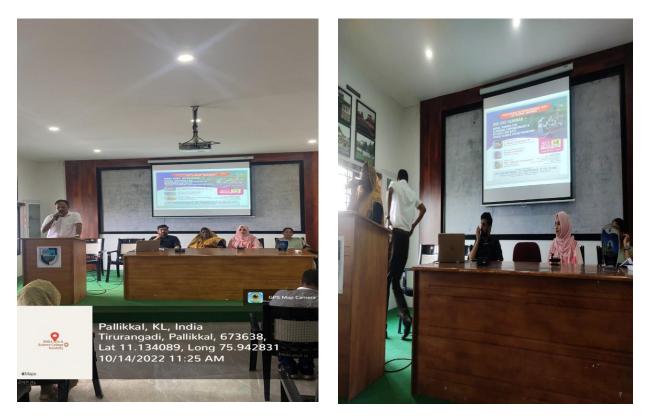
Program Inauguration conduct by LT Abdul Rasheed – Principal of EMEACollege, Kondotti

### PRESIDENTIAL Address



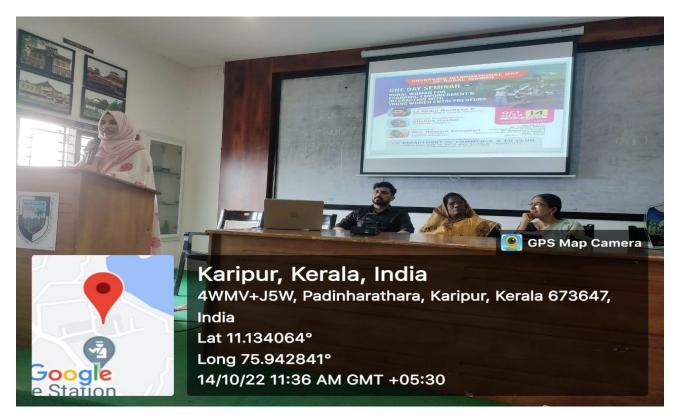
MS. Kamalam Edathil, HOD ,PG Department Commerce, Chairing The Session

Felicitations



Mr.Abdrazaque -IQAC Coordinator of EMEA College & MS Naseera Kannanari (7 Ward Member)

#### **Key Note Speech**



### MS.Shabna Hasker, (Women Entrepreneur and Life Style Vlogger)

Profile Of Resource Person



MS.Shabna Hasker (Lifestyle vlogger)

# 14, October -2022 Friday

TIME: 10.00 AM TO 12.30 PM

ED Club in Collaboration with IAQC of EMEA College and PG Department of Commerce

## **ATTENDANCE SHEE**



Program Student Name & Roll Norf Department & Semestor

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Attendance Register "AS A PART OF OBSERVANCE OF INTERNATIONAL DAY OF RURAL WOMEN"

Seminar on

Rural Woman for Economic Empowerment and Interaction with Young Women Entrepreneurs

14-10-2022 @10.30AM to 12.30 PM-Friday -Seminar Hall Of EMEA College

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Organised By PG Department of Commerce in Association With ED Club of EMEA College ,Kondotti

EMEA COLLEGE OF ARTS & SCIENCE ED-CLUB Student Name & Roll No Department & Semester

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Seminar on

Rural Woman for Economic Empowerment and Interaction with Young Women Entrepreneurs

14-10-2022 @10,30AM to 12.30 PM-Friday -Seminar Hall Of EMEA College

ED-CLUB Coordinator Date: Time: Time: Sudent Name & Roll No: Department & Semester

Organised By PG Department of Commerce in Association With ED Club of EMEA College ,Kondotti

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Seminar on

Rural Woman for Economic Empowerment and Interaction with Young Women Entrepreneurs

14-10-2022 @10.30AM to 12.30 PM-Friday -Seminar Hall Of EMEA College

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Attendance Register "AS A PART OF OBSERVANCE OF INTERNATIONAL DAY OF RURAL WOMEN"

Rural Woman for Economic Empowerment and Interaction with Young Women Entrepreneurs

Seminar on

14-10-2022 @10.30AM to 12.30 PM-Friday -Seminar Hall Of EMEA College

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Organised By PG Department of Commerce in Association With ED Club of EMEA College ,Kondotti

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**Program Gallery:** 













## **Program Summery and Feed Back**

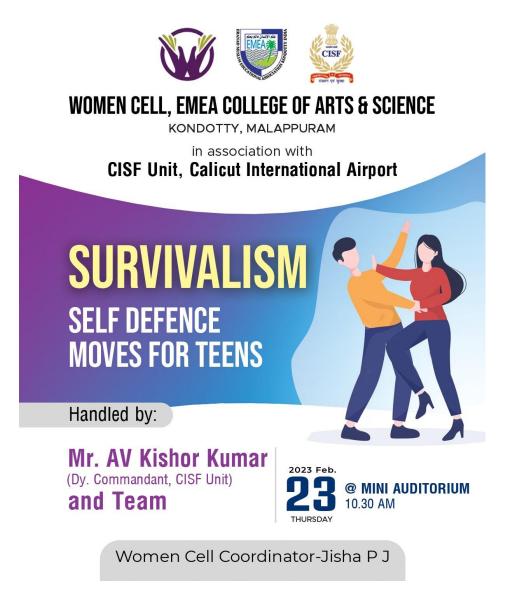
"Rural Woman for Economic Empowerment &Interaction with Young Women Entrepreneurs" was very active and reputed program organized by ED Club in Association with PG Department of Commerce of EMEA College, Kondotti. The participants are very satisfied in the program .so it was a grand Success

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# Self defence program report for girl students

# **Title: Survivalism: Self-Defence Moves for Teens**

This report outlines the implementation and impact of the "Empowering Girls: Self-Defence Program" designed to equip female students with essential self-defence skills, boost their self-confidence, and enhance their personal safety. The program aimed to address the need for girls to protect themselves in various situations, foster a sense of empowerment, and create a safer learning environment.



Introduction:

The self-defence program was initiated in response to the growing concerns about the safety of female students in various settings, including schools and communities.

The primary objectives of the program were to empower girl students with self-defence techniques, raise awareness about personal safety, and build self-confidence.

Program Implementation:

The program was conducted as a one-day program on 23<sup>rd</sup> February 2023.

The curriculum covered a range of topics, including basic self-defence techniques, situational awareness, verbal de-escalation, and self-confidence building exercises.

Certified self-defence instructors from CISF coming under Calicut international airport conducted the training sessions.

### Program Activities:

- Self-Defence Techniques: Participants learned practical self-defence moves, such as blocking, striking, and escaping holds.
- Situational Awareness: Girls were taught to recognize potentially dangerous situations and how to avoid them.
- Empowerment Exercises: Activities to boost self-esteem and confidence were integrated into the program.

Participation and Feedback:

- Enrolment: Over 140 female students participated in the program.
- Feedback was taken to assess the program's effectiveness and gather participant input.
- 2. Outcomes and Impact:

- Increased Confidence: Participants reported a significant boost in selfconfidence and personal empowerment.
- Improved Awareness: Girls became more aware of their surroundings and better equipped to assess potential threats.
- Skill Acquisition: The majority of participants acquired practical self-defence skills.
- Reduced Fear: Many girls expressed a decrease in their fear of personal safety issues.

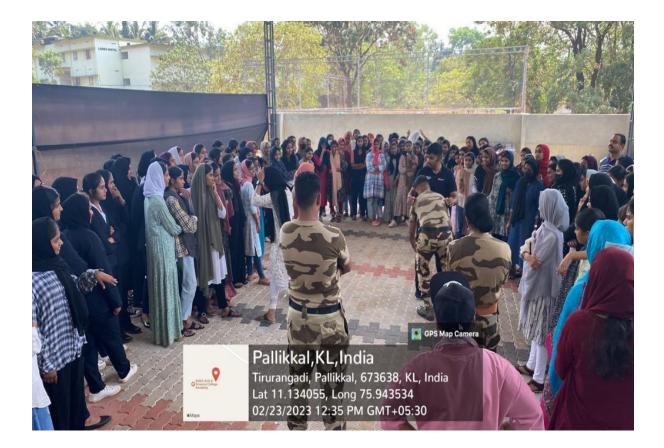
Conclusion: "Survivalism" the self-defence program for girl students was a valuable initiative designed to empower our college girls with the skills and confidence needed to protect themselves. By addressing physical and mental aspects of self-defence, the program aims to create safer and more confident individuals who can navigate a variety of situations.

Photos











Attendance Register

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### REPORT

### WOMEN CELL

## **"WOMEN PROTECTION AND EMPOWERMENT"**

01.07.2022

Time: 10.00 A M



WOMEN CELL EMEA COLLEGE OF ARTS AND SCIENCE (Reaccredited with 'A' grade by NAAC) KONDOTTI, MALAPPURAM (Dt) Kerala, Pin-673638 The Women's Cell of EMEA College initiated a Women Protection and Empowerment Program with the objective of fostering a safe and empowering environment for women within the college community. This report presents an overview of the program, its implementation, and the impact it has had on women's well-being and empowerment.

Women protection is of paramount importance in ensuring the well-being, dignity, and empowerment of women in every society. It is a fundamental human right and a cornerstone for achieving gender equality. The significance of women protection can be understood in several key aspects:

- 1. **Human Rights:** Every woman has the right to live free from violence, discrimination, and harassment. Protecting women is not only a legal obligation but a moral imperative to uphold their basic human rights.
- 2. **Dignity and Respect:** Ensuring the protection of women contributes to preserving their dignity and ensuring that they are treated with respect and equality in all aspects of life, including at home, in the workplace, and in public spaces.
- 3. **Empowerment:** Women protection is intrinsically linked to women's empowerment. When women feel safe and secure, they are more likely to actively participate in social, economic, and political activities, contributing to the overall development of communities and societies.
- 4. **Health and Well-being:** Violence and abuse can have severe physical and mental health consequences for women. By ensuring their protection, we promote a healthier society and reduce the burden on healthcare systems.
- 5. **Economic Contribution:** Protected women are more likely to pursue education, employment, and entrepreneurship opportunities, leading to increased economic productivity and growth.

- 6. **Social Stability:** Communities with protected women are more likely to experience social stability and harmony. When women are safe, families thrive, and communities become more cohesive.
- 7. Educational Opportunities: Women protection is essential for ensuring that girls and women have equal access to education. This, in turn, contributes to breaking the cycle of poverty and promoting social progress.
- 8. **Role Modeling:** A safe environment for women serves as a positive example for future generations. It helps challenge and redefine traditional gender roles, fostering a culture of equality and respect.

## **Program Objectives:**

- Enhance awareness: Increase awareness among students, faculty, and staff about women's rights, safety measures, and available support services.
- Foster a safe environment: Implement measures to ensure the safety and security of women on campus.
- Empowerment initiatives: Develop and implement programs to empower women academically, socially, and personally.
- Encourage reporting: Establish a confidential reporting system to encourage the reporting of incidents and provide necessary support.



## **Outcomes:**

- Increased Awareness: A noticeable increase in awareness levels regarding women's rights, safety measures, and available support services within the college community.
- Improved Reporting: A rise in the reporting of incidents, indicating increased trust in the reporting mechanisms and a proactive approach to addressing issues.
- Enhanced Empowerment: Positive feedback from participants in empowerment initiatives, with women expressing increased confidence, skills, and a sense of belonging within the college community.

The Women Protection and Empowerment Program initiated by the Women's Cell of EMEA College has made significant strides in creating a safer and more empowering environment for women on campus. Around 200 students participated in this program and made the program a great success. In summary, women protection is not just a women's issue but a societal imperative. It is a prerequisite for achieving sustainable development, fostering gender equality, and building a world where every woman can live free from fear and discrimination. Efforts to protect women should be comprehensive, addressing both legal frameworks and societal attitudes, and should involve collaboration at all levels of society. Continued commitment and collaboration will be essential in sustaining and expanding the impact of such programs in the college community.









Participants List:

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